



Adaptive and Wheelchair Sports



Rock Climbing



Deep Sea Fishing, Sailing, Gondola Rides, and Outrigger Canoeing

Casa Colina Outdoor Adventures and Wheelchair Sports Program

For over 40 years, the Casa Colina Outdoor Adventures and Wheelchair Sports program has provided the opportunity for thousands of participants to take part in day trips such as deep-sea fishing and sailing, wheelchair sports like rugby and basketball, and other recreational activities including kayaking, rock climbing, bowling, and inclusive pickleball. ODA aims to empower people by creating opportunities to gain new skills and develop community through participation in wheelchair sports and recreational activities throughout Southern California.



Our annual **Beat the Heat Sports Camp** introduces individuals of all abilities to the world of adaptive sports and recreation, serving as a gateway to get involved in

Casa Colina's expanded, year-round Outdoor Adventures and Wheelchair Sports program.

Contact Michelle Del Real, CTRS, at mdelreal@casacolina.org or 909/596-7733, ext. 4161.

Scan QR code to learn about participation, sponsorship opportunities, and more.

 casacolina.org/outdooradventures

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